

# ***“Shorai” Program (Fall 2019-20)***

Sponsored by Nanka Development Committee

USJF Sanction # 19-09-18

## **What Is It?**

This is a series of group practices sponsored by Nanka Judo Yudanshakai. Each host dojo from around the Southern California area will teach their skills to advance the participant to the next competitive level and beyond. All sessions will focus on training and advanced techniques to transition to the next level of development. Each session will be approximately 3 hours in length. What does Shorai mean? Shorai means “Future”. This is the building block for Nanka’s future.

Manager/Coach: Jason Uno, Nanka Development Chair

Administrators: Eddie Khchirian, Valley Judo Institute

Practicing for target tournaments:

- 2019 San Jose Sensei Memorial
- 2019 USA Judo Scholastic Championships

## **Who Can Attend Shorai Practices?**

Any current Nanka member (Primary OR Secondary USJF member)

USA Judo and USJA only members may participate, but will not be eligible for incentives.

Must present current card at registration.

- **Junior** (at least 10 years old) Green Belt and above.
- **Senior** (17yrs. and up) Green Belt and above.
- Know Judo etiquette, break-fall, and basic judo terminology
- All other participants are subject to coach approval

## **Where?**

Valley Judo Institute, San Gabriel Judo Dojo, Norwalk Judo Dojo, Gardena Judo Dojo, Hollywood Judo Dojo, San Fernando Valley Judo Club, Long Beach Judo Dojo, Migoto Judo Dojo, Venice Judo Club

## **How Much Is It?**

**\$10 per practice - USJF (Nanka) Members**

**\$15 per practice – USJA, USA Judo Members**

## **Benefits of Participation**

Your skills improve and you get better! The Shorai Program is a focussed effort of the Nanka Judo Yudanshakai to improve the skills of its members. Full or partial funding (Project 2024 clinic registration fees, judogis, jackets, etc.) MAY be offered. All rewards are dependent on available budget. A minimum of 70% of completed practice sessions AND Nanka/USJF membership will qualify participants for these incentives. All exceptions need to be approved by the Development Chair.

**\*\*Those participating in the Shorai Program are asked to assist in mat set-up/breakdown, score-keeping, clean-up, etc. whenever possible at local Nanka sponsored tournaments.**

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## **When Is It? Where Is It?**

- Sept. 28 (Saturday) – Valley Judo Institute, 2 pm to 5 pm  
Club Address: 8850 Lankershim Blvd., Sun Valley, CA 91352
- Oct. 19 (Saturday) – **EXTRA CREDIT** Fresno Judo Club  
Project 2024 Clinic - Israel Hernandez  
Club Address: 105 W. Dakota Ave., #106, Clovis, CA 93612  
**NOTE: Participants must pay regular clinic fee (\$50).**
- Oct. 26 (Saturday) – San Gabriel Judo Dojo, 10 am to 1 pm  
Club Address: 5019 Encinita Ave, Temple City, CA 91780
- Nov. 16 (Saturday) – Norwalk Judo Dojo, 2 pm to 5 pm  
Club Address: 14615 S. Gridley Rd. Norwalk, CA 90651
- Dec. 14 (Saturday) – Meraki Judo Club, 2 pm to 5 pm (LOCATION CHANGE)  
Club Address: 11677 Santa Monica Blvd., Los Angeles, CA 90025
- Jan. 11, 2020 (Saturday) – Hollywood Judo Dojo, 2 pm to 5 pm  
Club Address: 3929 Middlebury St., Los Angeles, CA 90004
- Jan. 25 (Saturday) – San Fernando Valley Judo Club, 10 am to 1 pm  
Club Address: 12953 Branford St., Pacoima, CA 61331
- Feb. 8 (Saturday) – Harbor Judo Dojo, 2 pm to 5 pm (LOCATION CHANGE)  
Club Address: 1306 W 253rd Street, Harbor City, CA 90710
- Mar. 7 (Saturday) – Migoto Judo Dojo, 2 pm to 5 pm  
Club Address: 2517 Windward Way, Chula Vista, CA 91914
- Mar. 21 (Saturday) – Venice Judo Club, 10 am to 1 pm  
Club Address: 12448 Braddock Dr., Los Angeles, CA 90066

Dates and Location subject to change – Please check **Facebook** (Nanka Development Program)  
OR the Nanka website [www.nankajudo.com](http://www.nankajudo.com) for the latest information.

### **FOR ADDITIONAL INFORMATION CONTACT:**

Jason Uno, Development Chairman

Phone: (323) 793-2151 Email: [sadaomi@aol.com](mailto:sadaomi@aol.com)

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Must be current members of USJF, USA Judo, or USJA

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Dojo / Club: \_\_\_\_\_  
Last / First

Birth date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Rank / Color Belt: \_\_\_\_\_

Address: \_\_\_\_\_  
Street / City / State / Zip Code

Email Address: \_\_\_\_\_

Main Phone:( \_\_\_\_\_ ) \_\_\_\_\_ Alternate Phone:( \_\_\_\_\_ ) \_\_\_\_\_

**USJF#** \_\_\_\_\_ **USA Judo#** \_\_\_\_\_ **USJA#** \_\_\_\_\_ **Exp Date:** \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_  
Name

Address: \_\_\_\_\_  
Street / City / State / Zip Code

If assistance/accommodation is needed (check appropriate box):

Vision Loss/Blindness

Hearing Loss/Deafness

Type of assistance/accommodation requested or name of person assisting \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

