

“Shorai” Program (Fall 2019-20)

Sponsored by Nanka Development Committee

USJF Sanction # 19-09-18

What Is It?

This is a series of group practices sponsored by Nanka Judo Yudanshakai. Each host dojo from around the Southern California area will teach their skills to advance the participant to the next competitive level and beyond. All sessions will focus on training and advanced techniques to transition to the next level of development. Each session will be approximately 3 hours in length. What does Shorai mean? Shorai means “Future”. This is the building block for Nanka’s future.

Manager/Coach: Jason Uno, Nanka Development Chair

Administrators: Eddie Khchirian, Valley Judo Institute

Practicing for target tournaments:

- 2019 San Jose Sensei Memorial
- 2019 USA Judo Scholastic Championships

Who Can Attend Shorai Practices?

Any current Nanka member (Primary OR Secondary USJF member)

USA Judo and USJA only members may participate, but will not be eligible for incentives.

Must present current card at registration.

- **Junior** (at least 10 years old) Green Belt and above.
- **Senior** (17yrs. and up) Green Belt and above.
- Know Judo etiquette, break-fall, and basic judo terminology
- All other participants are subject to coach approval

Where?

Valley Judo Institute, San Gabriel Judo Dojo, Norwalk Judo Dojo, Gardena Judo Dojo, Hollywood Judo Dojo, San Fernando Valley Judo Club, Long Beach Judo Dojo, Migoto Judo Dojo, Venice Judo Club

How Much Is It?

\$10 per practice - USJF (Nanka) Members

\$15 per practice – USJA, USA Judo Members

Benefits of Participation

Your skills improve and you get better! The Shorai Program is a focussed effort of the Nanka Judo Yudanshakai to improve the skills of its members. Full or partial funding (Project 2024 clinic registration fees, judogis, jackets, etc.) MAY be offered. All rewards are dependent on available budget. A minimum of 70% of completed practice sessions AND Nanka/USJF membership will qualify participants for these incentives. All exceptions need to be approved by the Development Chair.

****Those participating in the Shorai Program are asked to assist in mat set-up/breakdown, score-keeping, clean-up, etc. whenever possible at local Nanka sponsored tournaments.**

“Shorai” Program (Fall 2019-20)

Sponsored by Nanka Development Committee

USJF Sanction # 19-09-18

When Is It? Where Is It?

- Sept. 28 (Saturday) – Valley Judo Institute, 2 pm to 5 pm
Club Address: 8850 Lankershim Blvd., Sun Valley, CA 91352
- Oct. 19 (Saturday) – **EXTRA CREDIT** Fresno Judo Club
Project 2024 Clinic - Israel Hernandez
Club Address: 105 W. Dakota Ave., #106, Clovis, CA 93612
NOTE: Participants must pay regular clinic fee (\$50).
- Oct. 26 (Saturday) – San Gabriel Judo Dojo, 10 am to 1 pm
Club Address: 5019 Encinita Ave, Temple City, CA 91780
- Nov. 16 (Saturday) – Norwalk Judo Dojo, 2 pm to 5 pm
Club Address: 14615 S. Gridley Rd. Norwalk, CA 90651
- Dec. 14 (Saturday) – Gardena Judo Dojo, 2 pm to 5 pm (PENDING)
Club Address: 1964 W 162nd St., Gardena, CA 90247
- Jan. 11, 2020 (Saturday) – Hollywood Judo Dojo, 2 pm to 5 pm
Club Address: 3929 Middlebury St., Los Angeles, CA 90004
- Jan. 25 (Saturday) – San Fernando Valley Judo Club, 10 am to 1 pm
Club Address: 12953 Branford St., Pacoima, CA 61331
- Feb. 8 (Saturday) – Long Beach Judo Dojo, 2 pm to 5 pm (PENDING)
Club Address: 1766 Seabright Ave., Long Beach, California 90813
- Mar. 7 (Saturday) – Migoto Judo Dojo, 2 pm to 5 pm (PENDING)
Club Address: 2517 Windward Way, Chula Vista, CA 91914
- Mar. 21 (Saturday) – Venice Judo Club, 10 am to 1 pm
Club Address: 12448 Braddock Dr., Los Angeles, CA 90066

Dates and Location subject to change – Please check **Facebook** (Nanka Development Program)
OR the Nanka website www.nankajudo.com for the latest information.

FOR ADDITIONAL INFORMATION CONTACT:

Jason Uno, Development Chairman

Phone: (323) 793-2151 Email: sadaomi@aol.com

“Shorai” Program (Fall 2019-20)

Sponsored by Nanka Development Committee

USJF Sanction # 19-09-18

Must be current members of USJF, USA Judo, or USJA

Name: _____ Sex: _____ Dojo / Club: _____
Last / First

Birth date: _____ / _____ / _____ Age: _____ Rank / Color Belt: _____

Address:

Street / City / State / Zip Code

Email Address: _____

Main Phone:(_____) _____ Alternate Phone:(_____) _____

USJF# _____ **USA Judo#** _____ **USJA#** _____ **Exp Date:** _____

Emergency Contact: _____ Phone: (_____) _____
Name

Address: _____

Street / City / State / Zip Code

If assistance/accommodation is needed (check appropriate box):

Vision Loss/Blindness

Hearing Loss/Deafness

Type of assistance/accommodation requested or name of person assisting _____

WARNING!

WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities ("Activity") of the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Nanka Judo Yudanshakai, Inc., Southern Pacific Judo Yudanshakai, Inc., Makoto Judo Yudanshakai, Inc., Valley Judo Institute, San Gabriel Judo Dojo, Norwalk Judo Dojo, Gardena Judo Dojo, Hollywood Judo Dojo, San Fernando Valley Judo Club, Long Beach Judo Dojo, Migoto Judo Dojo, and Venice Judo Club**, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.

2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.

3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.

4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.

5. I hereby release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Nanka Judo Yudanshakai, Inc., Southern Pacific Judo Yudanshakai, Inc., Makoto Judo Yudanshakai, Inc., Valley Judo Institute, San Gabriel Judo Dojo, Norwalk Judo Dojo, Gardena Judo Dojo, Hollywood Judo Dojo, San Fernando Valley Judo Club, Long Beach Judo Dojo, Migoto Judo Dojo, and Venice Judo Club**, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant

Participant's Signature

Date

**FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child's participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Legal Guardian

Parent/Legal Guardian's Signature

Date